**Planning Method 2: Whole School Programs**

The following template example has been done in Word format so you can delete the example given and replace with what would be relevant or suitable for your School. You might also need to give some consideration to where the activities might take place eg: oval, gym, netball court etc

Within this method, all classes are engaging in the same activity on each day of the week. For example, on Mondays, all classes are playing games or a whole school game like Flags or Rocket Dodge, on Tuesdays, all classes are working on Fitness – again each class might be doing something different in terms of fitness or the whole school may be doing the same thing like aerobics or cross country training.

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| TERM 1 | Mondays | Tuesdays | Wednesdays | Thursdays | Fridays |
| Whole School | Games | Fitness | Individual Challenges | Dance | Walk and Talk |
|  |  |  |  |  |  |
| *Examples -* | *All in Dodgeball*  *Flags*  *Rocket Dodge*  *T Ball Run*  *Cone Tag* | *Aerobics*  *Boot Camp*  *Line Challenge* | *Octopus*  *Clean up your Room*  *Shark Ship Shore* | *Heel Toe Polka*  *Nutbush*  *Macarana* | *Out and Back Walk*  *Perimeter Walk*  *Travel Club* |

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| TERM 2 | Mondays | Tuesdays | Wednesdays | Thursdays | Fridays |
| Whole School | Skipping | X Country Training | Co-operative Games | Dance | Obstacle Course |
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| *Examples -* | *Jump Rope for Heart* |  | *Bingo*  *Matball*  *Bombardment* | *Zumba (via You Tube)* | *Set up an Obstacle Course for the whole school – Older children do more laps* |