**Planning Method 1: Rotation of Focus Areas**

The following template example has been done in Word format so you can delete the example given and replace with what would be relevant or suitable for your School. You might also need to give some consideration to where the activities might take place eg: oval, gym, netball court etc

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | W1 | W2 | W3 | W4 | W5 | W6 | W7 | W8 | W9 | W10 |
| 3 | Fitness  - 3 min run  - Boot camp  - 4 min run  - Boot Camp  - 5 min run | Fitness  - Run Touch  - Cone Tag  - Run Touch  - Cone Tag  - Run Touch | Ind/Grp Challenges  - Pac Man  - Pac Man  - Shark Ship  - Shark Ship  - Favourite | Ind/Grp Challenges  - In/Out  - In/Out  - Clean up  - Clean up  - Favourite |  |  |  |  |  |  |
| 4 | Cooperative Games  - King Ball  - King Ball  - Sardines  - Sardines  - Favourite | Cooperative Games  - Mat Ball  - Mat Ball  - Run the G  - Run the G  - Favourite | Fitness  - 3 min run  - Boot camp  - 4 min run  - Boot Camp  - 5 min run | Fitness  - Run Touch  - Cone Tag  - Run Touch  - Cone Tag  - Run Touch | Ind/Grp Challenges  - Pac Man  - Pac Man  - Shark Ship  - Shark Ship  - Favourite | Ind/Grp Challenges  - In/Out  - In/Out  - Clean up  - Clean up  - Favourite |  |  |  |  |
| 5 |  |  | Cooperative Games  - King Ball  - King Ball  - Sardines  - Sardines  - Favourite | Cooperative Games  - Mat Ball  - Mat Ball  - Run the G  - Run the G  - Favourite | Fitness  - 3 min run  - Boot camp  - 4 min run  - Boot Camp  - 5 min run | Fitness  - Run Touch  - Cone Tag  - Run Touch  - Cone Tag  - Run Touch | Ind/Grp Challenges  - Pac Man  - Pac Man  - Shark Ship  - Shark Ship  - Favourite | Ind/Grp Challenges  - In/Out  - In/Out  - Clean up  - Clean up  - Favourite |  |  |
| 6 |  |  |  |  | Cooperative Games  - King Ball  - King Ball  - Sardines  - Sardines  - Favourite | Cooperative Games  - Mat Ball  - Mat Ball  - Run the G  - Run the G  - Favourite | Fitness  - 3 min run  - Boot camp  - 4 min run  - Boot Camp  - 5 min run | Fitness  - Run Touch  - Cone Tag  - Run Touch  - Cone Tag  - Run Touch | Ind/Grp Challenges  - Pac Man  - Pac Man  - Shark Ship  - Shark Ship  - Favourite | Ind/Grp Challenges  - In/Out  - In/Out  - Clean up  - Clean up  - Favourite |