



# Move Well Eat Well

## Early childhood

### Would you like 50 free water cups for your service?

If your MWEW-EC service has met the *Tap into Water Everyday* Criterion in POLICY and in PRACTICE then it is eligible to receive this incentive

Name of service \_\_\_\_\_

To be eligible please return this form with the following:

- a) all requirements (boxes) below ticked
- b) attached evidence (photos, program, curriculum, newsletters etc.)
- c) **current official service POLICY which incorporates the MWEW-EC *Tap into Water* criterion must be attached.** (the requirements of this criterion are below)



Our policy clearly states that:

- Cooled boiled water is offered to babies under 6 months who are not exclusively breastfed and to all infants from 6-12 months.
- Water is provided with each meal and snack for children 1 year and over.

And **one** of the options below

- Water is available and accessible at all times and offered regularly to children indoors and outdoors.
- Children have their own 'water only' water bottles for use both indoors and outdoors while at the service.

**Please provide below** the specific strategies curriculum and planning you have in place across all age groups/rooms at your service to meet the above requirements.

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